

2020

PSYCHOLOGY — HONOURS — PRACTICAL

Paper : DSE-A-1P

(Positive Psychology)

Full Marks : 30

The figures in the margin indicate full marks.

*Candidates are required to give their answers in their own words
as far as practicable.*

Answer **all** questions (word limit **150**).

1. Define well-being. What are the components of well-being? How is well-being related to happiness and satisfaction with life experiences? 10
 2. Give a detailed description of the PGI well-being measure and state its standard method of administration. 10
 3. Discuss the perspectives of well-being in the Indian context and state the instructions of the PGI well-being measure. 10
-